

28-10-2021

## LS-10 - Keeping Safe and Healthy

Answer the following questions :-

Que. 1- What are safety rules? Write any three safety rules to stay safe at home.

Ans. 1- Rules that keep us safe are called safety rules.

1. Do not play with sharp tools such as scissors, knives and blades.
2. Do not play with matchsticks, switches, wires and plugs.
3. Always keep your things at their proper place after using them.

Que. 2- What is a zebra crossing?

Ans. 2- A zebra crossing is the part of road marked with black and white lines where people cross the road safely.

Que. 3- Write any three ways in which we can stay clean.

- Ans. 3-
1. We should brush our teeth twice regularly.
  2. We should take a bath everyday.
  3. We should always wash our hands before and after eating food.

Que. 4- How do good habits help us? Write any two good habits you should follow.

Ans. 4- Good habits help us to keep ourselves and our surroundings clean.

1. We should cover our mouth with a handkerchief while sneezing, coughing or yawning.
2. Throw waste into the dustbin.