

# Exercises

## Lesson- 4.

### LET'S UNDERSTAND



QT Date ⇒ 16 - 4 - 2020

### I. Objective type questions.

#### A. Fill in the blanks with the correct word.

1. We get oil (oil/milk) from plants.
2. We eat the root of radish (radish/cauliflower).
3. Seeds of peas (wheat/peas) are pulses.
4. Rice is an example of cereals (cereals/pulses).
5. We get coffee (coffee/eggs) from plants.

#### B. Write T for the True and F for the False statements.

1. We eat only leaves of plants as vegetables. False
2. We get tea and coffee from plants. True
3. We eat the stem of cauliflower as a vegetable. False

4. We also get spices from plants. *True*  
5. Wheat and rice are common pulses we eat. *False*

*100* C. Choose the correct option.

1. Which of these foods do we get from plants?  
a. Cereals and pulses    b. Fruits    c. Vegetables     d. All of these
2. Which of these do we not get from plants?  
a. Tea and coffee    b. Oil and sugar     c. Milk and coffee    d. Spices
3. Which of these are not cereals?  
a. Rice    b. Wheat    c. Maize     d. Gram
4. Which of these plants are root vegetables?  
a. Sugarcane and potato    b. Broccoli and cauliflower  
 c. Carrot and beetroot    d. Spinach and cabbage
5. Which of these plants are cereals?  
a. Maize and corn    b. Rice and wheat  
c. Gram and peas     d. Both a. and b.

*100* II. Very short answer questions.

Give two examples for each of the following.

1. Leaves we eat as vegetables:

Spinach ; Lettuce

2. Flowers we eat as vegetables:

Cauliflower ; Broccoli